

Troma Nagmo

From the Rinchen Trengwa System as taught by Lama Pema Khandro

OUTER MEANING

INNER MEANING

SECRET MEANING

ONE FACE	The union of all refuge	The unchanging dharmakaya
FOUR FANGS	Four immeasurables	The four immeasurables as fierce qualities
RIGHT EYE RED SUN	Ripens whatever it sees with warming heat of enlightenment, symbol of the wrathful deity	Red essence
LEFT EYE CRYSTAL MOON	Cools whatever it sees with rays of compassion, symbol of the peaceful deity	White essence
CENTER EYE SUN & MOON	All seeing non-dual perception	Union of the red and white essence, wisdom and compassion
SCREECHING PIG FACE IN HER HAIR	Arresting ignorance and non-virtue	Destroying dualism in the three times
BLUE-BLACK COLOR	The midnight sky	Wisdom found in the bardo, the liminal space
OPEN MOUTH	Taking in the whole of reality	Self-liberation upon arising
TONGUE	Taming with Phat, liberating with Hung	Emptiness and form
FEROCIOUS LAUGHTER	Rage transformed into clarity	Mirror like wisdom
THIGHBONE TRUMPET	Summoning and commanding the three existences (<i>srid gsum</i>)	Fierce compassion
RIGHT HAND HOLDS HUMAN SKIN	Subjugating gods and demons	Seeing reality nakedly, exactly as it is.
WEARING DRIED ELEPHANT SKIN	Overcoming ignorance	Integration with the 'expanse of reality,' dharmadhatu
WEARING FRESHLY FLAYED SKIN	Removing the veil of the five skandhas	Overcoming all delusion
FIVE SKULL CROWN	Power to transform the five afflictions	Actualization of the five wisdoms
KHATVANGA TRIDENT	Presence of the perfect consort as ones own inner nature	Having cast aside belief in outer phenomena as a separate object
EIGHT ORNAMENTS	The eight charnel grounds (<i>dur khrod chen po brgyad</i>)	Completely integrated with the wisdom of fear and fearlessness
NECKLACE OF 51 FRESH SKULLS	The fifty-one formations (<i>sems byung lnga bcu rtsa gcig</i>)	Instantaneous liberation of mental events
TIGER SKIRT	Freedom from anger, skirt of the wrathful deities	Mastering and harnessing the wild nature
STANDING ON THE CORPSE	Dying	Emptiness of the fictive self
SURROUNDED BY APOCALYPTIC FIRE	Bodhichitta, altruistic enlightened intent	Freedom from self-grasping as the indestructible state
DANCING POSTURE	Accomplishing benefit of beings	Display of the energy of the natural state